

REPORT OF THE COMMONWEALTH DENTAL ASSOCIATION
WORKSHOP ON
THE USE OF RESTORATIVE MATERIALS IN A RESOURCE LIMITED SETTING
IN PARTNERSHIP WITH THE NIGERIAN DENTAL ASSOCIATION
(at First Foundation Place, Ikeja, Lagos, Nigeria)
NOVEMBER 23 -24, 2010.

Principal sponsorship by



The theme of the workshop was "Restorative Materials in a Resource-Limited Setting"

The objectives

1. To review the epidemiology of dental diseases; the challenges of dental morbidity and mortality
2. To consider the challenges of restoring diseased dentitions of people living in resource limited settings
3. To review the treatment needs for the restoration of diseased dentition in resource limited settings
4. To review the current techniques in tooth restoration and replacement
5. To discuss effective and efficient methods of integrating current dental advancements into dental practice in resource limited settings
6. To consider the challenges of effective networking between dental suppliers and practitioners in resource limited settings.

Summary

There were over 80 participants, including 6 delegates from Commonwealth Countries outside Nigeria; England, Tanzania, Uganda, Ghana. The program for the two-day event comprised of plenary and working group sessions.

Day one: Tuesday 23rd November 2010

Upon registration coffee and tea were served and participants were able to visit the trade exhibition, mounted by eight companies.

Professor Adeyemi Olusile (CDA Vice-President for West Africa) opened the workshop on behalf of the President of the CDA, Dr Hilary Cooray who was not able to attend because of visa issues. He welcomed all delegates who had travelled to Nigeria, and all the participants from Nigeria. He then gave the welcome address.

PLENARY SESSION

The first plenary session commenced at 11.00 am for two hours, under the chairmanship of Dr Jimi Osisanya, a former President of the Nigerian Dental Association.

There were three presentations in form of Lectures:

1. *Managing teeth affected by dental caries, Minimally Invasive Dentistry*
Dr M A Sede, Senior Lecturer, University of Benin, Benin City, Nigeria.
2. *The non-vital tooth: making endodontics more predictable*
Dr. Emman Otoh, Acting Director and Head, Basic Science and Research Division, Regional Centre for Oral Health Research & Training Initiative (RCORTI) for Africa, Jos, Nigeria.
3. *Restoring the worn dentition without cast restoration*
Prof D. Y.D. Samarawickrama, Professor and former Head, Conservation Dentistry, Barts & the London, Queen Mary's School of Medicine & Dentistry, University of London.

At the end of each presentation, questions were asked and comments made to which proper responses were made.

There followed a product presentation by GSK Nigeria PLC:

The company introduced Sensodyne toothpaste as a useful remedy for sensitive teeth

WORKING GROUP SESSION 1

The first working group session took place during the afternoon. There were three parallel groups and participants were free to choose any one.

The groups discussed and debated the following topics:

1. Does amalgam still have a place in tooth restoration?
2. Composites are only a short term solution
3. Molar endodontics, too time consuming and therefore not good value for money

Each group had a chairman who directed the affairs and a scribe who recorded the proceedings of the group.

PLENARY SESSION

The second plenary session of one hour completed the day at 5.00 pm, during which each group presented their reports; each was followed by a lively discussion.

Day two: Wednesday 24th November 2010

PLENARY SESSION

The plenary session started at 9.00 am, for two hours, under the chairmanship of Professor Adeyemi Olusile, (CDA Vice-President for West Africa)

There were two presentations, again in form of lectures:

1. *Replacing missing teeth - The removable option*
Dr Temitope Esan, Senior Lecturer, Obafemi Awolowo University, Ile-Ife, Nigeria.
2. *Replacing missing teeth - The fixed option*
Professor D Y D Samarawickrama, Professor & Former Head, Conservation Dentistry, Barts & the London, Queen Mary's School of Medicine & Dentistry, University of London.

At the end of each presentation, questions were asked and comments made, to which proper responses were made.

There followed a product presentation by Planmeca Oy, Finland

WORKING GROUP SESSION 3

The third working group session again lasted two hours, until 1.30 pm (including a plenary report back session). There were two parallel groups and participants were free to choose either one.

The groups discussed and debated the following topics:

1. Bridges are too destructive
2. Is there a place for implants in a resource-limited setting?

Again, each group had a chairman who directed the affairs and a scribe who recorded the proceedings of the group.

There was then a plenary session, during which each group presented their reports; each was followed by a lively discussion.

END OF WORKSHOP

Thereafter, the Secretary of the Nigerian Dental Association gave a vote of thanks, plaques were presented to those who presented lectures on the two days and each participant received a certificate of attendance.

The Chairman declared the workshop closed at about 2.30pm, after which lunch was served before the participants departed.